## Schedule for Junior GK Academy, Middle School GK Academy and College Prep GK Academy at Kiski School

| Wednesday        | For All Campers on First Day                     |
|------------------|--------------------------------------------------|
| 1:00-2:15pm      | Registration Check-in at Assigned Dorm           |
| 2:15-2:45pm      | Roll Call / Staff Introductions / Camp Meeting   |
| 2:45pm           | Walk to Fields Together                          |
| 3:00-5:15pm      | Field Training                                   |
| 5:25pm           | Walk to Dining Hall Together                     |
| 5:30-6:00pm      | Dinner                                           |
| 6:00-6:30pm      | Walk to Dorm / Rest / Prepare for Field Training |
| 6:30pm           | All Campers Walk to Fields Together              |
| 6:45-8:40pm      | Field Training / Handball / GK Competitions. *** |
| 8:45pm           | Residents Walk to Dorm & Commuters Depart        |
| 9:00pm-10:45pm   | Rest / Movie / Games / Snacks. **                |
| 11:00pm          | Residents in Rooms                               |
| 11:15pm          | Light Out                                        |
| (ThursFri.)      | <u> </u>                                         |
| 7:00am           | Wake Up                                          |
| 7:25am           | Residents Walk to Dining Hall                    |
| 7:30-8:00am      | Breakfast                                        |
| 8:00-8:45am      | Walk to Dorm / Rest / Prepare for Field Training |
| 8:45-9:00am      | Commuter Campers Arrive.                         |
| 8:45am           | Residents Walk to Fields                         |
| 9:00-11:15am     | Field Training ***                               |
| 11:25am          | All Campers Walk to Dining Hall Together         |
| 11:30am -12:15pm | Lunch                                            |
| 12:15-2:40pm     | All Campers Walk to Dorm / Rest / Activities**   |
| 2:40pm           | All Campers Walk to Fields Together              |
| 3:00-5:15pm      | Field Training ***                               |
| 5:25pm           | All Campers Walk to Dining Hall Together         |
| 5:30-6:00pm      | Dinner                                           |
| 6:00-6:40pm      | Walk to Dorm /Rest/ Prepare for Field Training   |
| 6:40pm           | All Campers Walk to Fields Together              |
| 6:45-8:45pm      | Field Training / Goalie Wars / Games. ***        |
| 8:45pm           | Residents Walk to Dorm & Commuters Depart        |
| 9:00pm-11:00pm   | Lecture / Rest / Movie / Games / Snacks. **      |
| 11:00pm          | Residents in Rooms                               |
| 11:15pm          | Light Out                                        |
| Saturday         |                                                  |
| 7:00am           | Wake Up                                          |
| 7:25am           | Residents Walk to Dining Hall Together           |
| 7:30-8:00am      | Breakfast                                        |
| 8:00-8:40am      | Walk to Dorm / Rest / Prepare for Field Training |

| 8:40-9:00am     | Commuter Campers Arrive                     |
|-----------------|---------------------------------------------|
| 8:40am          | Residents Walk to Field                     |
| 9:00am-11:15am  | Field Training. ***                         |
| 11:25am         | All Campers Walk to Dining Hall Together    |
| 11:30am-12:00pm | Lunch                                       |
| 12:30-1:15pm    | Walk to Dorm / Finish Packing / Clean Rooms |
| 1:15pm          | All Campers Walk to Fields Together         |
| 1:15-3:15pm     | Field Training / Goalie Wars / Games. ***   |
| 3:15-3:45pm     | Award & Closing Ceremonies                  |
| 3:45pm          | Residents Walk to Dorm / Commuters Depart   |
| 4:00pm          | Checkout for Residents                      |

<sup>\*\*</sup>Activities include swimming (outdoor), family room activities such as table tennis, pool table, table hockey, card / board games, video games, frisbee games, and tv/dvd.

<sup>\*\*\*</sup> During inclement weather, there will be classroom-video sessions on tactical aspects of goalkeeping. There will also be a lecture along with field of questions and answers on college recruiting process on Tuesday or Wednesday for high school student-athletes. College goalkeepers are welcome to join the lecture and share experiences with group of high school goalkeepers.